

Hi, my name is Ghamzah. I am 16 years old and from Afghanistan. I have been in America for almost 5 months now. I was in Afghanistan when the COVID-19 pandemic started. A lot of people would say the vaccines entering the country were not safe, but the ones in America were safer. Our caseworker from the International Rescue Committee took me and my family to get our vaccine. I am fully vaccinated for COVID-19 and only felt sore in my arm and had a low fever.

I'm glad I got vaccinated because I was going back to school [in person]. Our school required everyone to wear a mask. After the first month, most students still wear it, but not all. I encourage young students to get the vaccine because it protects us from getting really sick.