

# Prescription Safety & Refills



Always follow instructions from the pharmacist.

When you receive your prescription, the pharmacist will give you information on how to safely take your medications. If your pharmacist does not speak your preferred language, ask for an interpreter by saying: **"No English, I speak Pashto"** or use the following card to indicate your preferred language. You can take a picture of the card with your phone to save it.

Instructions for how to safely take your medications are also written in English on the medication package or bottle on a prescription label. A prescription label normally looks something like this in English:

زه پښتو خبري کوم. زه د پښتو  
ژبي ژباړونکي ته اړتيا لرم.

**I speak Pashto.  
I need a Pashto interpreter.**



LOCAL PHARMACY (800) 555-5555  
123 MAIN STREET, ANYTOWN, USA 12345

RX: 1234567-8910 DR. MARTHA JONES  
LAYLA AHMADI DATE FILLED 05/11/2017  
456 MAIN STREET, ANYTOWN, USA 12345  
TAKE 1 TABLET BY MOUTH 2 TIMES A DAY  
METFORMIN 500MG  
QTY: 60 REFILLS: 3  
USE BEFORE 05/11/2018

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*This is a  
translation of the  
English text for  
your reference.*

## If you need a refill:

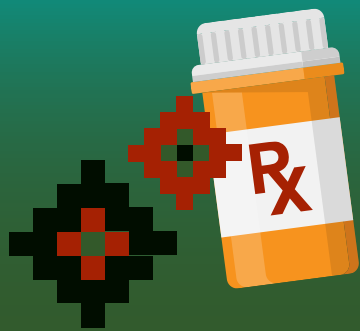
If you need more medication than the amount the pharmacist gave you, or you take the same medication every month, you will need to get a medication refill. You will have to go back to the pharmacy when your medication is almost finished to get the refill. You can take your medication bottle to show the pharmacist what medication you need.

Sometimes doctors will only give you a limited supply of refills. If you need more medication and do not have refills, you will need to schedule an appointment with your doctor.

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Medication can be lifesaving, but also **dangerous** if not used as instructed.

Although most medications are in bottles that may be difficult to open, they are still unsafe for children to play with and have access to.

- Never share prescription medication with others
- Do not take medication that is not meant for you
- Do not leave medications within reach of children
- Keep medication in the same containers they came in



If you have questions about how to take a medication, if someone has taken medication incorrectly, or if a child has taken medication not meant for them, you can call **Poison Control** and speak to a pharmacist at any time of the day or night by calling **(800) 222-1222**. You can also ask for an interpreter.

